

# Keep Our Sewers Free of FOG

Fats, Oils, and Grease (FOG) can cause significant damage to the sewer system. Sewer overflows and backups due to FOG buildup creates health hazards, threatens our water resources, and can be costly to repair.

The City of Signal Hill aims to improve water quality and help eliminate sewer overflows and backups by eliminating the amount of FOG that enters the sanitary sewer system. Residents are encouraged to properly dispose of FOG.



For additional information or to report sewage overflows or spills, contact



City of Signal Hill  
Public Works Department



(562) 989-7250



[cityofsignalhill.org](http://cityofsignalhill.org)



Free waste and recycling drop-off at



EDCO Recycling & Transfer  
2755 California Ave.



(562) 597-0608



[edcodisposal.com/signal-hill](http://edcodisposal.com/signal-hill)

# CEASE THE GREASE

Prevent Blockages and Backups  
in Our Sewer System



## EDCO Hours of Operation

### Public Waste Disposal

Monday – Saturday: 6 AM – 4:30 PM

Sunday: 9 AM – 1:30 PM

### Buyback Recycling Center

Tuesday – Saturday: 8 AM – 4 PM

### Environmental Collection Center

Open every 2<sup>nd</sup> and 4<sup>th</sup> Saturday of each month  
from 9 AM – 2 PM



A Residential Guide for Managing  
Fats, Oils, and Grease (FOG)

**City of Signal Hill**

## What is FOG?

FOG is fats, oils, and grease, which are natural by-products of food preparation, cooking and baking.

Common sources of FOG include:

- Cooking oils
- Meat fats
- Dairy products
- Fatty or greasy food scraps
- Baked goods
- Sauces, dressings, and marinades
- Lard, shortening, butter, and margarine



## What are the effects of FOG when poured down the drain?

When fats, oils, and grease are poured down the sink or washed along with dishes, FOG will solidify along the walls of sewer pipes causing significant problems. This buildup may cause sanitary sewer overflows (SSOs) where raw sewage backs up into your home, lawn, streets, and neighborhoods.

## Problems of FOG Blockages

### Property damage

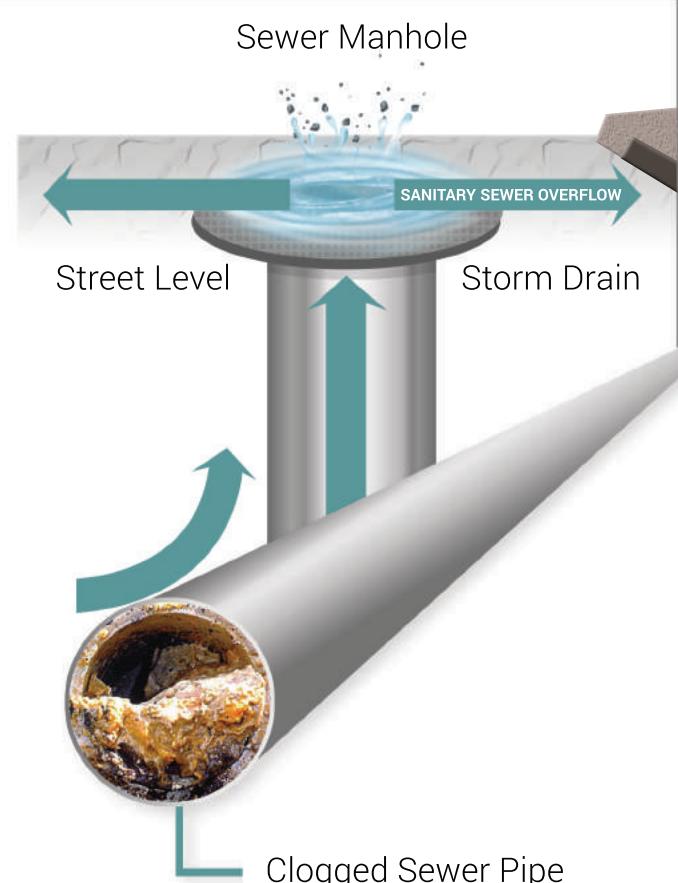
Costly repairs for the homeowner

### Public health threat

Bacteria in raw sewage from SSOs can contaminate where we live, work, or play

### Environmental health threat

Raw sewage from SSOs may enter nearby storm drains and affect local waterways and resources



## What can residents do to prevent FOG from entering our sewer system?



Do not pour waste oil and cooking residue directly down the sink or garbage



Pour FOG in a leak-proof and covered container. Dispose of it in the trash or drop it off at a FOG Collection Center such as EDCO Recycling & Transfer (location and hours are located on back of brochure).



Limit garbage disposal use and dispose of remaining food scraps in the compost bin or trash.



Wipe off remaining grease and scrape food scraps from dishes and pots with a paper towel prior to washing.