



Reservation and Usage of Parks for Fitness Instruction

This policy has been established to assure that Signal Hill's parks are utilized for recreational, cultural, educational, social and community service functions that meet the needs and interest of the community, as well as to set clear policies, procedures, regulations, and fees regarding such uses.

1. Fitness Instruction Applications will be accepted exactly one month before the start of each quarter. **Quarters: October – December, January – March, April – June, and July – September.** Businesses located in Signal Hill will receive priority in booking permits. A Fitness Instruction Application must be completed and paid in its entirety, ten business days prior to the start of instruction.
2. The \$20 annual registration fee is due at the time the Fitness Instruction Application is submitted. The annual fee is valid, one year from the date of submission.
3. The person signing the permit (instructor) **must be present for the fitness instruction and remain on site for the duration of the class.** A picture I.D. will be required at the time of application to verify age and residency (if applicable).
4. Only the applicant noted on the Fitness Instruction Application may make changes to the permit. Changes must be made in writing.
5. Fitness Instruction may not exceed a ratio of 1 instructor to 10 participants; Spud Field is the only exception, and may have a participant ratio of 1 to 25, with a maximum of two groups (not to exceed 50 participants) at one time.
6. A maximum of two instructors would be permitted in a park at any one time.
7. Adults may not exercise on playground equipment intended for children.
8. Park amenities, including light poles, picnic tables, benches, railings, chain link fencing, freestanding signs, bike racks or barbeque grills, may not be used for exercise activity.
9. Equipment may not be affixed to any park amenity (trees, tables, poles, etc.)
10. Exercise equipment weighing over 20 pounds is prohibited in all parks.
11. Weights or other equipment (less than 20 pounds) may only be used on hard surfaces (basketball court, amphitheater).
12. Instructor is responsible for leaving area clear of debris, clothing, and equipment at the end of class.
13. The City of Signal Hill is not liable for accidental injury to persons or loss or damage of group or individual property.
14. Alcoholic beverages are prohibited in and around all facilities, parks, and parking lots. Smoking is prohibited in all facilities and within 100' of the building. Gambling of any kind is not permitted at any facility. Failure to comply with this regulation will result in the immediate termination of the permit and departure from the park facility. All fees will be forfeited. Signal Hill M.C. 9.04.090(C)
15. Staff reserves the right to monitor, regulate and/or terminate the volume of amplified sound so as to not disrupt other rental groups or residents.
16. Cancellation must be made in **writing** to the Community Services Department at least ten business days prior to the start of instruction. If permit cancels less than 10 business days before the start of instruction or after instruction has already begun, all fees shall be forfeited.

17. All trash must be deposited into trash receptacles and at conclusion of fitness instruction.
18. If there is any graffiti or vandalism committed to any of the equipment or facilities, the matter will be handled by the Signal Hill Police Department. All fees will be automatically forfeited and instructor may be subject to additional penalties and charges.
19. There is no storage provided for equipment and supplies. All items must be removed from the park at the conclusion of the event. Any items left behind will be discarded or donated.
20. Users of the parks shall observe, obey and comply with all City, County, State and Federal Laws, Rules and Regulations. The City reserves the right to refuse use of any park if instructor fails to comply with any such rules and regulations or laws.
21. Any group, organization, or individual can be denied a permit if, in the opinion of the Community Services Department, that activity is not in the best interest of the City or community.
22. There shall be no exceptions to this policy unless authorized by the Community Services Director.

I have read, understand and agree to adhere to all policies listed above. Violation of policy may result in forfeiture of all fees and deposits.

Signature of Applicant: _____ **Date:** _____